

Test and Trace



Why is it important for us

- Resident
- Employer
- Visitors/Guests

NHS Test and Trace

- The NHS Test and Trace service will play an important role in identifying and containing any future outbreaks of coronavirus (COVID-19). It will save lives, help us to protect the Island and our local healthcare system as we move out of lockdown.
- The more rapidly people who may have been at risk of infection can be identified the more effectively we can reduce the spread of the virus and maintain transmission at low levels.
- By working together and playing our part, we can all help to keep our friends, families, communities and our Island safe.

If you have coronavirus symptoms

- Immediately self-isolate and book/order a test.
- You need to get the test done in the first five days of having symptoms.
- Coronavirus symptoms are:
 - a new, continuous cough
 - a high temperature
 - a change in your sense of smell or taste
- **Getting a coronavirus test**
- The coronavirus testing centre for the Isle of Wight is based at 1Leisure Medina in Newport.
- To book an appointment call 119
- To book an appointment online www.nhs.uk/coronavirus
- For the latest guidance on eligibility, visit the [GOV.UK website: Coronavirus \(COVID-19\) getting tested](https://www.gov.uk/government/guidance/coronavirus-covid-19-getting-tested).

Results

- **If your test is negative** - no longer need to self-isolate.
- **If your test is positive**, complete the remainder of your 7-day self-isolation.
- Anyone in your household must also continue to complete self-isolation for 14 days from when you started having symptoms. If they start to develop symptoms during that time, they should get tested and the household must isolate for a further 14 days.
- A positive test result for coronavirus, will mean you will be contacted by the NHS test and trace service and you will need to help the NHS test and trace team with their investigations.

Contact Tracing

- Positive test? - you will be contacted by the national contact tracing team who will:
 - Contact you by text, email or telephone
 - Send you a link to complete a confidential online account of your recent close contacts (this may be followed up by telephone)
 - In line with data protection rules contact those people that you've been in contact with
 - Not share your identity.
- Respond as soon as possible so that other people who might be at risk can be contacted quickly and given the right advice.
- Further information on the NHS test and trace service can be found on the [GOV.UK website - Test and trace how it works.](#)

Visitors/Guests

If a guest is displaying signs of the COVID-19 virus while staying in overnight accommodation for a permitted reason, they should inform the accommodation provider, **immediately self-isolate** where they are to minimise any risk of transmission, and **request a test**. If they are confirmed to have COVID-19, they should return home if they reasonably can. If a guest cannot reasonably return home (for example because they are not well enough to travel or do not have the means to arrange transport), their circumstances should be discussed with an appropriate health care professional and, if necessary, the local authority. Guests should follow Government guidance on dealing with possible or confirmed coronavirus (COVID-19) infection.

Key Contacts and Information

- Covid info & Booking line for a test www.nhs.uk/coronavirus
- Latest test guidance [GOV.UK website: Coronavirus \(COVID-19\) getting tested](https://www.gov.uk/guidance/coronavirus-covid-19-getting-tested) .
- Test and Trace information [GOV.UK website - Test and trace how it works](https://www.gov.uk/guidance/test-and-trace-how-it-works).
- Gov advice for accommodation providers <https://www.gov.uk/guidance/covid-19-advice-for-accommodation-providers>
- IWC – info on test and trace <https://www.iow.gov.uk/Council/OtherServices/Public-Health-Coronavirus-COVID-19/NHS-COVID-19-App-and-Testing>



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