

TEN THINGS *to do* THIS MONTH



1 FORAGE AND FEAST NEAR PENZANCE 20 May

With Cornish cookery school the Fat Hen, students will learn how to prepare a meal from seashore to plate. Forage for edible herbs, vegetables, seaweeds and fungi, then cook a seasonal dish from your wild picks (fathen.org).



2 VISIT A WINDMILL ISLE OF ANGLESEY 14-15 May

Windmills and watermills all over the UK will be opening their doors for the annual National Mills Weekend. For a coastal call, head to the picturesque Welsh Llynnon Windmill in Llanddeusant (nationalmillsweekend.co.uk).

3 RIDE AN ELECTRIC BIKE NEWPORT All year round

If you love cycling, try one of

the new bicycles from Red Squirrel Electric Bikes. The range includes 25 former French postal service bicycles to hire, with maps listing charge points (visitisleofwight.co.uk).

4 TAKE A WALK PORTBALLINTRAE 1 May

This month, take part in the 30km-long Causeway Coast Challenge Walk which runs from Portballintrae to Port Bradden and back via the stunning Giant's Causeway (ireland.com).

5 EXPERIENCE THEATRE THANET

23 April – 2 May

Split across three seaside towns – Margate, Broadstairs and Ramsgate – the Looping the Loop Festival will bring all kinds of theatre to the Kent coast, from dancing workshops to live music (loopingtheloopfestival.org.uk).

6 FIND CRITTERS DUMFRIES 15 May – 25 June

The Scottish Bug Bonanza at the RSPB Mersehead Reserve gives little ones the chance to search for and inspect creepy crawlies amongst the woods and meadows (visitscotland.com).



7 EXPLORE GARDENS BOURNEMOUTH

All year round

The Grade II-listed Victorian Gardens on Bournemouth seafront stretch for one and half miles along the coast. Search for rare plants before settling down to a tasty seaside picnic (bournemouth.co.uk).



8 GO CRAB CRAZY SALCOMBE 1 May

Sponsored by Favis of Salcombe and Coast and Country Cottages, the Salcombe Crab Fest includes crab-picking tuition, fishing talks and wine-tasting (salcombecrabfest.co.uk).

9 PICK A PEBBLE ALDEBURGH 1 May

Take part in an art installation at Aldeburgh Beach Lookout by choosing a pebble and writing a thought on its surface. All pebbles will be scattered on the shoreline a year later for future generations to find (visitsuffolk.com).

10 PARTY WITH PUFFINS AMBLE

28 May – 4 June

Pop along to Coquet Island to see an array of seabirds at this year's Amble Puffin Festival. On the mainland, enjoy crafts workshops, watersports and lectures (amblepuffinfest.co.uk).

